



spa & sport membership 2013

2013

Swissotel Sydney

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WELCOME TO SPA & SPORT @ SWISSOTEL SYDNEY

CONTACTS

SPA AND SPORT @ SWISSOTEL – SYDNEY

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FEEDBACK
MYFEEDBACK@CITYSPAANDSPORT.COM.AU

ABOUT THIS APPLICATIONS

SPA AND SPORT 2013

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NEW MEMBERSHIP APPLICATIONS

MEMBERSHIP RENEWAL APPLICATIONS
ACCESS CARD REPLACEMENT APPLICATIONS

Gymnasium Guidelines

REVA1 - DATE 01 JULY 2013

Recommendation and guide-lines

Your exercise programme can be safe and effective if you read and adhere to the following recommendation and guidelines:

- *Consult with your doctor and obtain proper instructions. This is especially to person over 35 years old.*
- *If medical history suggests that you should only exercise under supervised condition, check first to see that the fitness center is supervised.*
- *If during the exercise routine you have any dizziness, stop your exercise programme and notify a hotel staff member. Consult with your doctor before resuming any exercise programme again.*
- *Do not strain your exercise programme. Make sure your workout at a comfortable pace and doesn't cause stress or over exhaustion.*
- *Wear appropriate exercise attire.*

The Spa Rules

The following rules are for your safety and convenience.

- *If area is not supervised, do not exercise alone.*
- *Anyone under 16 years of age must be accompanied at all times by an adult while in the Spa.*
- *All persons using the Spa area do so at their own risk and sole responsibility. The hotel and the Spa management accepts no liability for injury, death or any loss associated with the use of the Spa.*
- *Do not exercise if you have consumed alcohol, drugs of medication within the last three hours. If you have consumed more than two drinks, do not exercise today.*
- *Any abuse of the equipment is not allowed.*
- *No smoking is allowed at any area on level 10.*
- *No pets are allowed.*
- *Stop exercising if any time you feel faint or dizzy.*
- *Absolutely no glass containers allowed in the Spa area.*
- *No wet bathing suits allowed in the area. Shirts and athletic shoes must be worn at all times. No street shoes.*
- *Please wipe equipment after you have used it.*



Membership Program

SPA & SPORT ACTIVE MEMBERSHIP (SINGLE)

ACTIVE MEMBER BENEFITS

SPA & SPORT Health Club offers a unique level of service that you would come to expect when you enter the five star environment of the superb Swissotel Sydney.

The ACTIVE Membership includes:

- *Unlimited access to Spa & Sport Health Club fitness centre, outdoor heated pool, jet spa, sauna, steam room and change room during operating hours.*
- *Towels, lockers and amenities are provided complementary.*
- *Complementary \$30 Gift Card to use towards any Spa services every month.*

12 months commitment \$89	one payment of \$1,068 in advance.
12 months commitment \$109	monthly payments (first week in the month).
6 months commitment \$119	monthly payments (first week in the month).
1 month commitment	\$129 upfront.

SPA & SPORT ACTIVE MEMBERSHIP (FAMILY)

ACTIVE MEMBERS FAMILY BENEFITS

Spa & Sport Active Family Membership is created for modern families. This membership will provide access for up to 3 members of the family.

The ACTIVE Family Membership includes:

- *Unlimited access to Spa & Sport Health Club fitness centre, outdoor heated pool, jet spa, sauna, steam room and change room during operating hours.*
- *Towels, lockers and amenities are provided complementary.*
- *Complementary \$30 Gift Card to use towards any Spa services every month.*

12 months commitment \$178	one payment of \$2,136 in advance.
12 months commitment \$218	monthly payments (first week in the month).
6 months commitment \$238	monthly payments (first week in the month).
1 month commitment	\$258 upfront.

Membership Program

SPA & SPORT DAILY PASS

The DAILY Membership includes:

- *Unlimited access to Spa & Sport Health Club fitness center, outdoor heated pool, jet spa, sauna, steam room and change room during operating hours.*
- *Towels, lockers and amenities are provided complementary.*

Single Pass	\$45
Couple Pass	\$70
Family Daily Pass (up to 5 family members)	\$115

MEMBERSHIP AGREEMENT

I will be of or over the age of 16 or I will furnish you the written consent of my parents or legal guardian to allow me to participate as a member of Spa & Sport at Swissotel Sydney managed by Alpine Atem.

I acknowledge that I am in a good state of health and able to partake in a supervised or unsupervised exercise regime; details of which you have provided to me. I confirm that should I suffer from any illness or disability which might affect my attendance at the health club, I will give you notice of the same. I confirm I have not suffered from a stroke or any heart related illness previously nor had any major operations which I haven't disclosed to you.

I acknowledge and am aware that by attending Spa and Sport @ Swissotel Sydney, it is quite possible that in the course of my training I may suffer some injuries to my person.

I hereby on behalf of myself or any other friends, relatives or guests of mine that I may bring to the premises from time to time, release Alpine Atem and the Swissotel Sydney, our trainers and all staff from all actions suits proceedings claims or demands which I may have had against Spa and Sport at Swissotel Sydney, your trainers and staff for any injuries and/or damage which I may suffer to my person or any other persons arising in any activity taken during training or within your facilities. Therefore I agree to use your facilities at Spa & Sport @ Swissotel Sydney at my own risk and that of my friends, family and guests.

I acknowledge that other people will be using the facilities at the same time as me. I understand that there is no permanent monitoring of any areas within the health club. I understand that where the participant is a child, the parent/guardian and entrant hereby indemnifies the parties indemnified above and against any claim or right which the child may seek to claim in respect of any such damage, loss or injury.

SPA & SPORT TERMS AND CONDITIONS

By applying my signature to this agreement I acknowledge, confirm and agree with all terms and conditions.

Dressing: Members must wear appropriate attire at all times, i.e.: sandals, shorts, singlet or T-shirts.

Rules and Regulations: I hereby acknowledge and agree to abide by the Rules and Regulations stated on the reverse side of the membership details form.

Membership transfer: Transfer of membership is not applicable.

Minimum Age: To use Spa & Sport Health Club at the Swissotel a person must be 16 years and over or have written parental agreement

Peak Period Equipment Allocation: Please be aware that at certain times during the day, certain equipment may be subject to time restriction.

Right of Admission: Alpine Atem management shall have the absolute right to refuse admission and to cancel any membership immediately if the management deems behavior inappropriate and disturbing to other guests and members, staff or to the day to day operations of Spa & Sport at Swissotel.

Safety: Members, non-members, and guests shall conduct themselves in a manner, which does not present danger to, or create a nuisance to the Spa & Sport @ Swissotel Sydney, its employees and other agents using the facilities and premises.

Loss/Theft/Damage to Property: Alpine Atem & the Swissotel accepts no responsibility or liability for any loss, theft or damage to any personal property at any time.

Exclusion Cause: The use of all Spa & Sport facilities at the Swissotel Sydney is undertaken by members and other persons at their sole risk, and Swissotel & Alpine Atem shall not be liable for any of the following: Any claim whatsoever and at any time arising, be reason of a deterioration of health, death, illness, disease or aggravation of an existing medical condition as the result of participation in the programs, acceptance of the advice or use of Spa & Sport & Health Club's facilities.

GST: All membership investments are quoted including the GST component.

Easy Pay Fixed Monthly Membership: On joining Spa & Sport under the "easy pay" monthly fixed plan, I agree and understand that Spa & Sport managed by Alpine Atem Pty Ltd will deduct the agreed monthly payments from my selected credit card until the term of the membership which I have agreed has been fully paid. I agree to not stop any credit card payments to Alpine Atem Pty Ltd unless I have previously arranged with Spa & Sport at Swissotel Sydney to do so in writing. Should I fail to meet any installment on its due date, the full amount as reflected on my membership details form, will become an outstanding balance, therefore shall become due and payable upon the demand of Alpine Atem Pty Ltd or a financial debt collectors acting on Alpine Atem behalf. Any Bank fees related to credit card related reversals will be forwarded to the person concerned.

Cooling Off Period: I am aware that I have 7 days 'cooling off period' and may notify Spa & Sport at Swissotel, Sydney in writing to annul this contract, provided such written notice is received by Spa & Sport at Swissotel, Sydney 7 days from the date of my signing this contract and provided further that I simultaneously pay to Spa & Sport at Swissotel, Sydney an administration fee of \$60.00 (Inc. GST).

Refund: I acknowledge and agree that the full amount of the membership fees specified shall be payable and that no membership may be cancelled or refunded. No fees will be refunded in the event that; I fail or am unable for any reason to use Spa & Sport at Swissotel, Sydney during the period of the membership.

Spa and Sport – Membership Applications 2013

On-Hold Membership: (1) While in the term of your membership you are able to put your membership "on-hold" for a period of no less than one calendar month. This can be done no more than once per year. This is only available if two weeks notice is received in writing. (2) If membership needs to be put on hold for longer than one month, then a 50% charge or your monthly due will be applicable for each month. (3) In the event of pregnancy, the "on-hold" period can be extended to 6 calendar months. (4) The unpaid period that the membership is on hold, will be added to the term of your membership accordingly.

Membership Completion: Upon the completion of your membership term, unless otherwise advised in writing, Spa & Sport at Swissotel, Sydney will continue your membership and classify you as a continuing active member. Charges will be calculated as what membership rates are ongoing rate at the time. Pay-as-you-go Membership requires one month's notice for termination request.

Personal Locker: All members' personal locker keys are provided at the Spa reception during Spa & Sport trading hours. Before or after Spa & Sport trading hour's members can ask for locker keys at the hotel reception. For any loss of the personal locker key's and/or access cards a fees of \$55 will apply to the member account. And I agree for this charge to be added to my monthly membership dues at the time of reporting of such loss.

Outsourced companies: At no time can Spa & Sport at Swissotel Sydney members use outsourced companies to conduct massage, beauty or fitness services within our facilities.

Smoking and Alcohol: At no point is it permitted for Spa & Sport members to consume Alcohol purchased outside the Swissotel or Spa & Sport premises. Spa & Sport at Swissotel Sydney is NON SMOKING AREA.

Guests: Any guests be it friends or family of Spa & Sport at Swissotel Sydney members are not permitted to use Spa & Sport facilities without paying a regular day charges.

Special Conditions:

____/____/____

DATE

MEMBER SIGNATURE